

Solpadeine MAX

SOLUBLE TABLETS

Paracetamol, Codeine, Caffeine

! This medicine is for the short term treatment of acute moderate pain when other painkillers have not worked.

- You should only take this product for a maximum of 3 days at a time. If you need to take it for longer than 3 days you should see your doctor or pharmacist for advice.
- This medicine contains codeine, which can cause addiction if you take it continuously for more than 3 days. This can give you withdrawal symptoms from the medicine when you stop taking it.
- If you take this medicine for headaches for more than 3 days, it can make them worse.

Please read right through this leaflet before you start using this medicine. This medicine is available without prescription, but you still need to use Solpadeine Max Soluble Tablets carefully to get the best results from them.

- Keep this leaflet, you may need to read it again.
- If you have any questions, or if there is anything you do not understand, ask your pharmacist.

In this leaflet:

- What Solpadeine Max Soluble Tablets do
- Check before you take Solpadeine Max Soluble Tablets
- How to take Solpadeine Max Soluble Tablets
- Possible side effects
- How to store Solpadeine Max Soluble Tablets
- Further information

1. What Solpadeine Max Soluble Tablets do

Solpadeine Max Soluble Tablets are for the short term treatment of acute moderate pain which is not relieved by paracetamol, ibuprofen or aspirin alone. They can be used for migraine, dental pain, period pain, strains & sprains, backache, arthritic & rheumatic pain and sciatica.

The tablets contain three active ingredients. Paracetamol and codeine are painkillers. By working on your body in different ways, they combine to relieve pain. Caffeine acts to further help the effectiveness of paracetamol.

2. Check before you take Solpadeine Max Soluble Tablets

- This medicine contains codeine which can cause addiction if you take it continuously for more than 3 days. This can give you withdrawal symptoms from the medicine when you stop taking it.
- If you take a painkiller for headaches for more than 3 days, it can make them worse.

X Do not take Solpadeine Max Soluble Tablets:

- If you have ever had an allergic reaction to paracetamol, codeine, caffeine or to any of the other ingredients (listed in Section 6).
- If you are taking other medicines containing paracetamol.
- If you are under 12 years.

! **Ask your doctor before you take this medicine:**

- If you have liver or kidney disease, including alcoholic liver disease
- If you have bowel problems including blockage of the bowel
- If you have had an operation to remove your gall bladder
- If you have been told by your doctor that you have an intolerance to some sugars
- If you are on a controlled sodium diet. Each 2 tablet dose contains 854 mg of sodium.

! **If you are taking other medicines**

Talk to your doctor or pharmacist before taking these tablets if you are taking any prescribed medicines, particularly metoprolol or domperidone (for nausea (feeling sick) or vomiting (being sick)); colestyramine (to lower blood cholesterol); monoamine oxidase inhibitors (MAOIs) prescribed for depression in the last 2 weeks or substances that make you drowsy (e.g. sedatives, antidepressants or alcohol).

If you take blood thinning drugs (anticoagulants e.g. warfarin) and you need to take a pain reliever on a daily basis, talk to your doctor because of the risk of bleeding. But you can still take occasional doses of Solpadeine Max Soluble Tablets at the same time as anticoagulants.

! **Pregnancy and breast feeding**

Talk to your doctor before taking Solpadeine Max Soluble Tablets if you are pregnant. Do not use while breast feeding unless advised by your doctor.

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3. How to take Solpadeine Max Soluble Tablets

✓ Adults and children aged 12 years and over:
Take 2 tablets dissolved in a full tumbler of water (200 ml), every 4 hours as needed.

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- Do not take more frequently than every 4 hours.
- Do not take more than 8 tablets in 24 hours.
- Do not take more than the recommended dose.
- Do not take for more than 3 days. If you need to use this medicine for more than 3 days you must speak to your doctor or pharmacist.
- Avoid too much caffeine in drinks like coffee and tea. High caffeine intake can cause difficulty sleeping, shaking and an uncomfortable feeling in the chest.
- Do not give to children under 12 years.

Possible withdrawal effects

This medicine contains codeine and can cause addiction if you take it continuously for more than 3 days. When you stop taking it you may get withdrawal symptoms. You should talk to your doctor or pharmacist if you think you are suffering from withdrawal symptoms.

If you take too many tablets

Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage. If your symptoms continue or your headache becomes persistent, see your doctor.

4. Possible side effects

Some people may have side effects when taking this medicine. If you have any unwanted side effects you should seek advice from your doctor, pharmacist or other healthcare professional. Also you can help to make sure that medicines remain as safe as possible by reporting any unwanted side effects via the internet at www.mhra.gov.uk/yellowcard; alternatively you can call Freephone 0800 100 3352 (available between 10am-2pm Monday-Friday) or fill in a paper form available from your local pharmacy.

When using this product you may experience:

- Constipation.

Stop taking this medicine and tell your doctor immediately if you experience:

- Severe abdominal pain, dry mouth, nausea and vomiting if you have recently had your gall bladder removed
- Allergic reactions which may be severe such as skin rash and itching sometimes with swelling of the mouth or face or shortness of breath
- Skin rash or peeling or mouth ulcers; itching or sweating
- Nervousness, dizziness, irritability, drowsiness or restlessness

- Breathing problems. These are more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- Unexplained bruising or bleeding
- Nausea, upset stomach, sudden weight loss, loss of appetite and yellowing of the eyes and skin
- Difficulty in urinating.

If you do get any side effects, even those not mentioned in this leaflet, tell your doctor or pharmacist.

! **How do I know if I am addicted?**

If you take the medicine according to the instructions on the pack, it is unlikely that you will become addicted to the medicine. However, if the following apply to you it is important that you talk to your doctor:

- You need to take the medicine for longer periods of time.
- You need to take more than the recommended dose.
- When you stop taking the medicine you feel very unwell but you feel better if you start taking the medicine again.

5. How to store Solpadeine Max Soluble Tablets

Keep out of the reach and sight of children.

Do not use this medicine after the 'EXP' date shown on the pack. Protect from light and moisture.

6. Further information

Active ingredients Each tablet contains Paracetamol 500 mg, Codeine Phosphate Hemihydrate 12.8 mg and Caffeine 30 mg.

Other ingredients Sorbitol (E 420), sodium saccharin, sodium bicarbonate, sodium lauryl sulphate, citric acid, sodium carbonate, polyvidone and dimeticone.

Packs of Solpadeine Max Soluble Tablets contain 16 or 32 effervescent tablets.

The marketing authorisation holder is Omega Pharma Ltd., 32 Vauxhall Bridge Road, London, SW1V 2SA, United Kingdom and all enquiries should be sent to this address.

The manufacturer is GlaxoSmithKline Dunganvar Ltd., Co. Waterford, Ireland. This leaflet was last revised in December 2012.

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