

TDL TINY SAMPLE

Sample Collection Instructions

Please read these instructions the whole way through before attempting to collect your sample.

Instructions for Collection of Blood Drops

Read these instructions first, slowly and carefully before attempting to collect your sample.

Clearly complete the Name Label using a ball point pen with:

- Your Surname
- Your First name
- Your Date of Birth
- Date of Blood Collection

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TAP1556/20-02-12/V7

Your Sample Collection Pack Contents



Your Name label



Alcotip Swab x 1
(+1 spare)

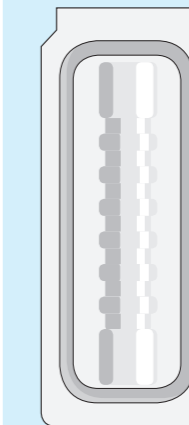


Moist Wipe

Moist Wipe x 2



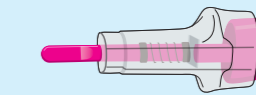
Plaster



Single Packing Wallet



Blood Collection
Tube



Lancet x 1
(+2 spares)

Request Form

First Name _____

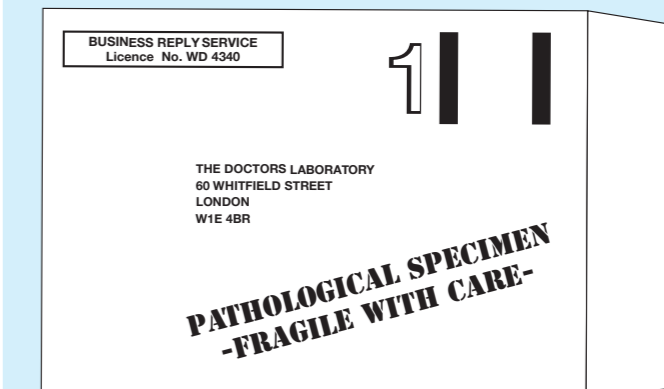
Surname _____

DOB _____

Sex _____

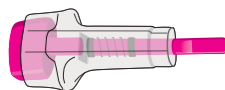
EXAMPLE

Request Form x 1

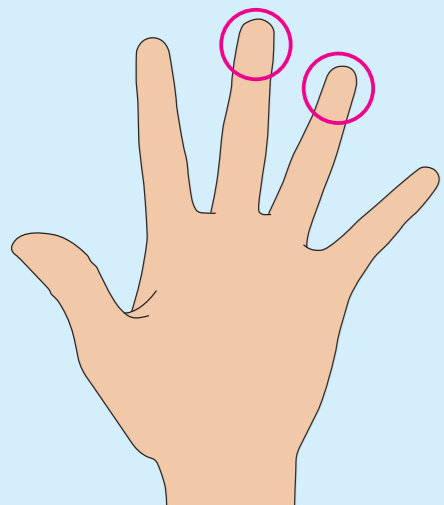


Self addressed, post paid padded mailer x 1

IMPORTANT!



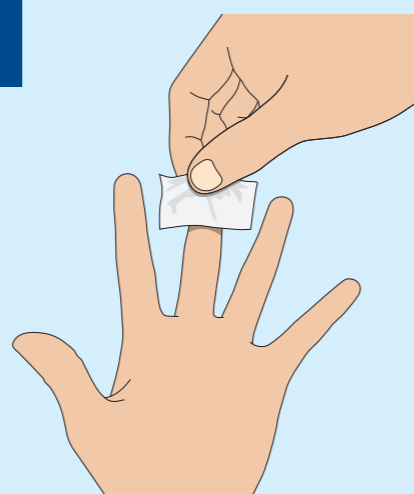
The Lancet is spring loaded and will retract into the body of the device after skin puncture. Lancets can only be used once.

1

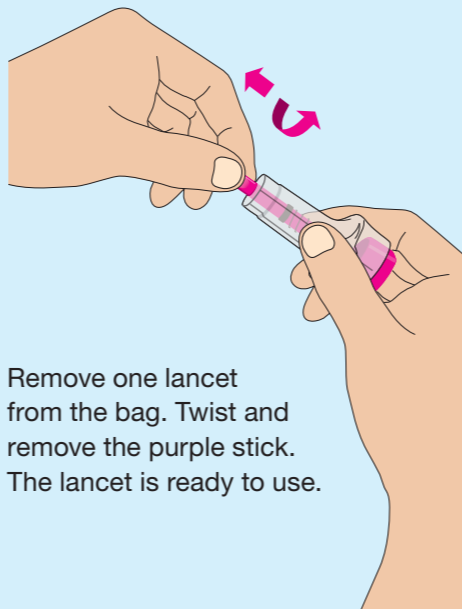
The best locations for collecting finger prick samples are from the 3rd or 4th finger of your non-dominant hand. This means if you are right handed, collect the sample from your left hand. Open your pack of lancets.

2

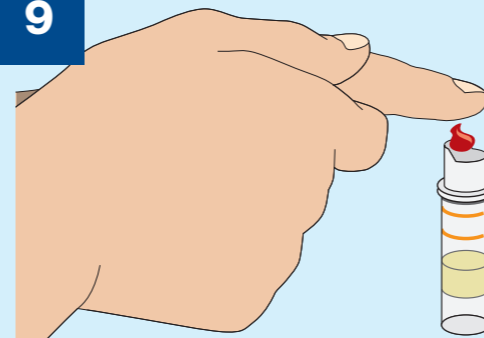
Wash your hands in warm soapy water. **It is much easier to collect your sample if your hands are warm.** Dry them thoroughly with a clean towel.

3

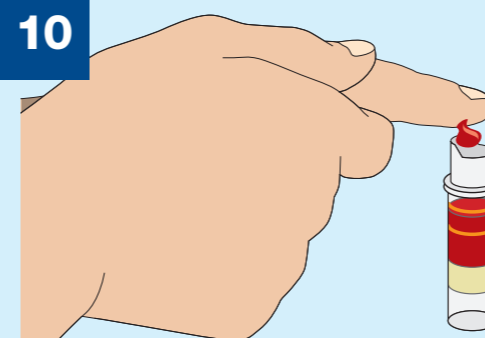
Using the Alcotip Swab clean the selected fingertip. Wipe dry with a clean tissue. **Be sure the finger is completely dry as blood will not form a drop at the puncture site of a moist finger.**

4

Remove one lancet from the bag. Twist and remove the purple stick. The lancet is ready to use.

9

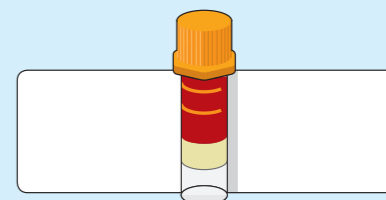
Take your finger with your other hand and gently squeeze it to help the blood flow into the blood collection tube as shown.
NB: Ensure that you 'milk' the finger rather than squeezing it very hard.
Do not affix a label to the tube until AFTER it has been filled.

10

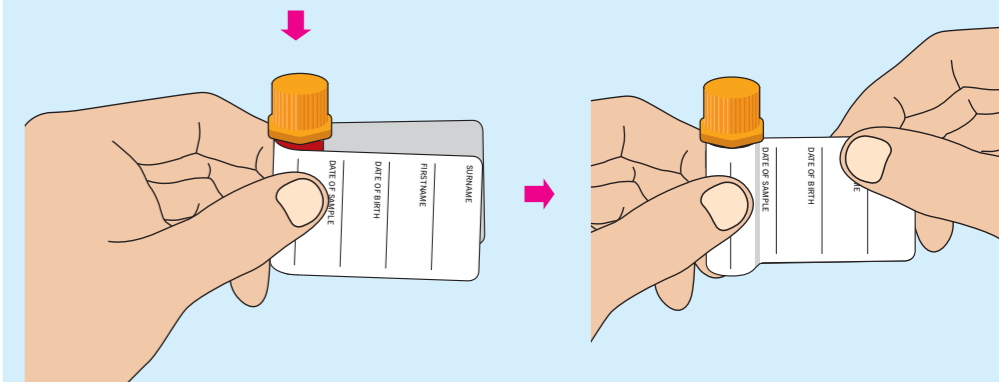
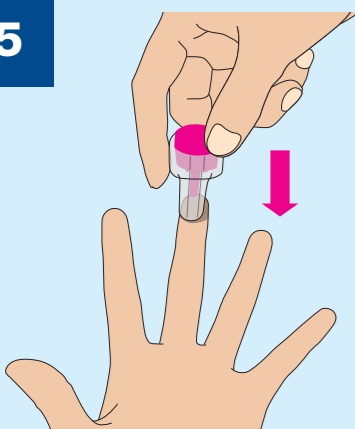
It will take repeated squeezing of the finger to produce around 20-30 drops to fill the blood collection tube. Fill the blood collection tube to the upper mark on the side of the tube.
NB: If you are unable to collect enough blood, use the second lancet on another finger.

13

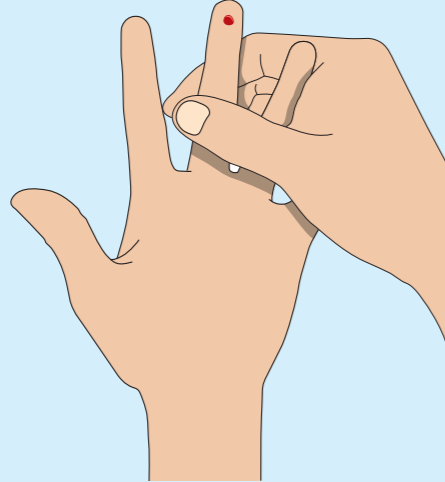
Make sure your tube(s) is labeled with your details using the label supplied in your pack. **This is very important as unlabelled samples cannot be processed.**



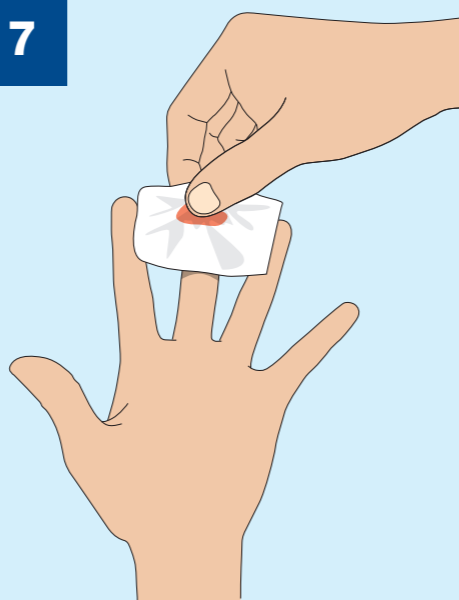
Affix the label by placing the tube in the middle of the label and wrapping the label around the tube, as shown below. **Place the collection tube in the protective packing wallet provided.**

**5**

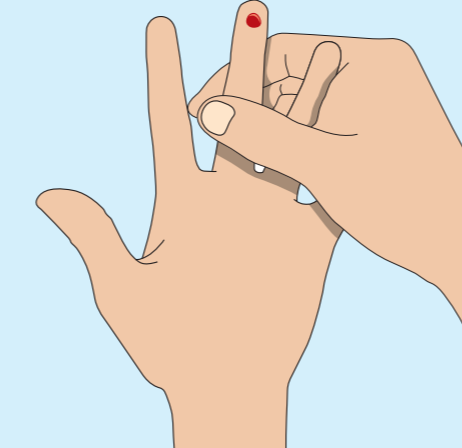
Position the lancet against your finger with the tube with the lid off nearby. When you are ready press firmly against your finger and press the purple button end. If you do not press hard enough and want another attempt, use one of the remaining lancets.

6

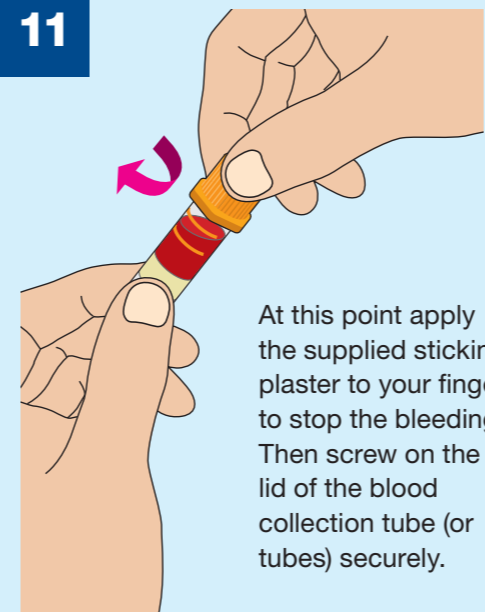
This will puncture the skin and a small drop of blood will form.

7

Wipe away the first drop of blood with a clean tissue.

8

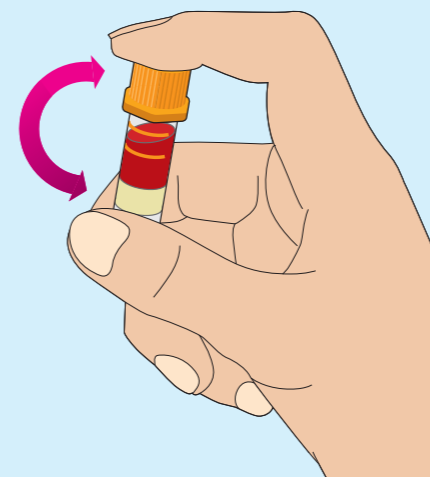
Holding your hand/arm downwards, massage the side of the finger to form a new drop of blood.

11

At this point apply the supplied sticking plaster to your finger to stop the bleeding. Then screw on the lid of the blood collection tube (or tubes) securely.

12

Once you have replaced the lid, gently invert the collection tube 5 to 10 times.

**14**

Place the packing wallet containing the blood collection tube(s) into the padded, self addressed, post paid envelope with your used lancet(s) and your request form. Post your sample to The Doctors Laboratory from **ANY** Royal Mail post box in the UK.

